INSIDE A CLINICAL MOLECULAR DIAGNOSTICS LABORATORY

WHO ARE WE?

We are molecular professionals—specialist physicians, doctoral scientists, and medical technologists that develop, perform and/or interpret molecular tests.

1. PATIENT SAMPLE IS COLLECTED FOR ANALYSIS

- Tissue (e.g., tumor, normal, infected tissue)
- Sterile body fluids (e.g., blood, cerebrospinal fluid)
- Other sources (e.g., saliva, respiratory fluid, urine)

DNA (deoxyribonucleic acid)

DNA is the hereditary material that encodes the information that produces the structural materials and molecules that perform the functions necessary for cell (and organ) function.

DNA is made up of individual bases (A, C, G, and T) and their order, or sequence, determines the instructions encoded by the DNA. The DNA bases pair up together: A always with T, C always with G.

2. PATIENT SAMPLE IS PREPARED FOR MOLECULAR TEST

If the patient sample will be used for sequencing, genetic material is obtained by:

- Carefully breaking down the tissue/fluid sample into the individual components, including DNA, RNA, and proteins.
- The necessary isolated component needed (e.g., DNA) is purified and cleaned to remove any contaminants.

3. MOLECULAR TEST IS PERFORMED

The genetic material in the sample (the patient’s DNA or the microbe’s DNA) is assessed using a variety of testing methods (e.g., DNA sequencing).

For DNA sequencing, an instrument is used to read the bases (A, C, G, and T) along the DNA strand. This information is stored in a computer file.

Depending on the unique case for each individual patient and the specific type of testing being performed, either small specific sections of DNA can be sequenced or all of the DNA (the entire genome) can be sequenced in pieces.

4. MOLECULAR TEST RESULT IS ANALYZED AND INTERPRETED THEN COMPREHENSIVE REPORT IS GENERATED

The DNA is analyzed and the key findings are reported back to the ordering physician and patient.

- A specialist physician or a doctoral scientist analyzes the data generated through sequencing and prepares a comprehensive results report that includes the key findings, such as detections of alterations, biomarkers or infectious pathogens that may assist the patient and their clinician to decide on the best treatment or management plan.

5. OPTIMIZED CLINICAL TREATMENT FOR PATIENT

- Comparing the genome of the infectious agent to genomes of known bacteria, viruses, fungi, and parasites allows the molecular professional to determine exactly what type of pathogen is causing the infection.
- For example, genome sequencing of the pathogen can reveal if the patient’s infection is caused by a bacteria that harbors antibiotic resistance genes.

This knowledge can ensure the best treatment for the particular pathogen is chosen.

INFECTIONS AGENT TESTING

- Sequencing the DNA in normal tissue (such as blood or saliva) to identify alterations that exist in all tissues of the patient’s body. These alterations can be passed on to the individual’s children.

These alterations have implications for:

- A patient’s predisposition to developing certain types of cancer;
- The cause of a patient’s inherited condition or rare disease, or
- A patient’s response to specific drugs and dosages.

These results can help assess a patient’s risk for particular diseases/disorders, lead to specific management of patient’s symptoms, or determine an ideal drug regimen and dosage.

GERMLINE TESTING (also known as genetic or inherited disease testing)

- Sequencing the DNA in normal tissue (such as blood or saliva) to identify alterations that exist in all tissues of the patient’s body. These alterations can be passed on to the individual’s children.

CANCER BIOMARKER TESTING (also known as cancer genetic testing, molecular testing, and tumor profiling)

- A molecular test is performed on a sample of tumor tissue to identify genetic alterations, such as mutations or other biomarkers.

- Unique biomarkers can inform:
  - Diagnosis
  - Directed therapy (such as an FDA-approved immunotherapy)
  - Prognosis
  - Clinical trial eligibility
  - Patient management

- Some tumor biomarkers may not currently have an associated therapy, and other treatment options may be more appropriate.

DNA Base

- Adenine
- Cytosine
- Guanine
- Thymine

DNA Strand

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